



Leyland and Chorley Hockey Club

THE YOUNG PERSONS GUIDE

What can I expect from Leyland and Chorley Hockey Club?

- **A chance to become a member of the Club**

This will be explained to you when you arrive at the club. You will receive information on how much this will cost, kit you will require, rules of the club, when training sessions are and match information.
- **Qualified coaches**

The coaches understand and know how to help you play the best hockey you can.
- **Volunteers**

Any adult working within the club will have been on training to ensure they know how to support and look after you. The club will have Coaches, Team Managers, First Aiders and a Welfare Officer. Make sure you know who these people are and introduce yourself to them.
- **Rules**

The game of hockey has rules, which you will learn as you play. The club has rules, which you will also learn. For example, one rule is that junior members are not allowed to smoke. These rules are there for your safety and are not to be broken.
- **Opportunities for you to play**

There will be teams and squads of boys and girls your own age. You will get to know them and learn how to play hockey with them.
- **Matches and competitions**

There will be a chance for you to train and play in your club team against other clubs in the Yorkshire Youth Hockey League and England Hockey cup competitions.
- **Single System for Hockey**

The Club supports England Hockey's Single System for Hockey to deliver a structured development for all players. It provides a clear pathway to representative hockey at the highest level.
- **Safeguarding and Protecting Young People Policies and Procedures**

These provide the club with ways of ensuring that you are safe and enjoy your hockey.
- **Anti-bullying policy**

This clearly states how the club will deal with any situations of bullying, either adult to young person or young person to young person.
- **Codes of Conduct and Behaviour**

These clearly state how members must act towards you and support you. This includes coaches, volunteers, officials and parents.



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What do Leyland and Chorley Hockey Club expect of me?

- **Club Rules**
The Junior Section Players' Rules give the basis of what the Club expect from you.
- **Code of Conduct**
The Club will have clear messages on how they expect you to behave. This is in the form of a Code of Conduct. The Code of Conduct will clearly state what is OK and what is not OK.

Don't keep a problem to yourself! You have the right to:

- Have fun when playing hockey.
- Be safe when playing hockey.
- Enjoy your hockey.
- Make friends through hockey.
- Be treated with respect by adults and other young people involved in hockey.

Are you worried?

- My coach is bullying me.
- Another adult at hockey is bullying me.
- Another member of my team is bullying me.
- One of the coaches or volunteers is threatening me.
- An adult is making me do things which I know are wrong.
- Someone is touching me and making me feel uncomfortable.
- Someone is constantly teasing me, shouting at me or kicking and punching me.
- Someone is making suggestive remarks or asking me to do things of a sexual nature.
- Someone is acting in a way which makes me feel lonely, upset, unsafe or embarrassed.

If the answer is **YES - Don't keep it to yourself – ask for help.**

Who can I talk to?

Talk to your Welfare Officer.

Name:	Alison Clewlow
Phone Number:	07840 922382
Email Address:	lifelonglearning2@hotmail.com



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It can sometimes be difficult to speak to an adult about how you are feeling.

- *You might think that an adult will not understand.*
THEY WILL LISTEN
- *You may think that they will not believe you.*
THEY WILL BELIEVE YOU
- *You may be scared that they will tell other people who you do not want to know.*
THEY WILL ONLY TELL SOMEONE WHO CAN HELP
- *You might think they have not got time to talk to you.*
THEY WILL ALWAYS MAKE TIME TO TALK

It's better to talk to someone.

- Ignoring your worries or concerns could make them worse.
- Talking to someone will begin to tackle your worries and concerns.
- You only have to share information that you want to share.
- Telling someone will begin to help you.

The Club Welfare Officer, Alison, will know what to do and how to help. She will be able to ensure that you are safe and they will believe you. There are policies and procedures which Alison will use. These provide information on who to contact, how to contact them and what they can do to help.

Confidentiality

The Club Welfare Officer cannot promise to keep the information you share a secret. However, she will keep it **CONFIDENTIAL**. This means that she will have to tell only the person/people who can help.

When you are talking to the Club Welfare Officer, ask her to explain who she needs to speak to and why.

They may say one of the following:

England Hockey Lead Child Welfare Officer

- They will know what to do if the behaviour of adult(s) towards you is upsetting you.
- Talking to this person will begin to help the situation and ensure you can play hockey in a happy and safe environment.

Social Services or the Police in an emergency

- Social Services or the Police will be called if the Welfare Officer thinks you may come to more harm or are in danger. This is to help you and ensure you are safe.



THIS IS A CONTROLLED DOCUMENT IF PRINTED IN RED

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Remember, your Child Welfare Officer is:

Name: **Alison Clewlow**
Phone Number: **07840 922382**
Email Address: lifelonglearning2@hotmail.com

NSPCC	0808 800 5000	www.thereforeme.com	Support and advice for 12-16 year
Childline	0800 1111	www.childline.org.uk	Free helpline for children and young people
Kidscape	0207 730 3300	www.kidscape.org.uk	Support on bullying